

Grace for Today

"Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own." - Matthew 6:34 (NIV)

Anxiety has a way of carrying us into moments that have not happened yet. It asks us to rehearse difficult conversations, prepare for painful outcomes, and solve problems that may never come. Before we realize it, we are trying to live tomorrow while still standing in today. But God does not ask us to carry tomorrow's burdens with today's strength.

He gives us grace for this day, the grace to take the next step, face the present moment, and trust Him with what remains unseen. If tomorrow brings new difficulties, it will also bring fresh mercy. God will already be there, just as faithful as He is today.

Perhaps there is a future concern resting heavily on your heart. You may not know how it will turn out, what you will do, or whether you will have the strength to face it. You do not need all those answers today. For now, you can gently place that concern into the hands of the One who already sees tomorrow.

Take a quiet moment and name what you are carrying. Then entrust it to God, not because the outcome is certain, but because His character is. Let tomorrow remain where it belongs: in His care.

REFLECT

What future concern are you carrying today?

Name it before God, and finish this sentence:

"Lord, today I entrust You with _____"

PRAYER

Lord, You know the concern weighing on my heart. I confess that I have been trying to live tomorrow before it arrives. Help me release what I cannot control and receive the grace You have given me for today. I place this concern into Your hands, trusting that when tomorrow comes, You will meet me there. Amen.